

ANNUAL REPORT

2013

The primary purpose of The Fellowship Cup is to provide food, clothing, and shelter to the underserved of Henry County.

Our core values:

- We believe in a Christian focus to providing services.
- We believe all persons were created in the image of God.
- We believe in collaborating with others to serve our community.
- We believe in empowering people to rise above the need for our services.

A Note from our President: 2013 has been a very exciting year at the Fellowship Cup with the great success of the Quarter Maybe More store and the addition of a new executive director. We, as a board of directors, are very happy that God sent Ken Brown our way. Our focus for 2014 is to continue providing food and other services to all of our clients by "Offering a little help along the way." Personally, I believe that the Fellowship Cup will continue to be there for Henry County due to the great staff and the amazing board of directors. God has truly blessed our labors. Thanks to the community for their continued support.

Jerry Keeley
Board President

2013 Annual Report

Board Members

Member	Position	Year	Organization	Church
Crawford, Johanna	Director	2014	Retired, Teacher	Swedesburg Lutheran Church
Crull, Jana	Director, Secretary	2013	East Central Hospice	First Baptist Church
Johnson, Martha	Director	2013	Retired	First United Methodist
Jones, Holly	Director	2016	Mt. Pleasant Chamber	First united Methodist
Keeley, Jerry	Director, President	2014	Retired	St. Als Catholic Church
Miller, Kiley	Director,	2016	Mt. Pleasant Chamber	Faith Christian Outreach Center
Naylor, Jerry	Director	2016	Retired, IWC	Temple Judah
Spencer, Ed	Director	2015	Pastor, Open Bible Church	Open Bible Church, Winfield
VanNyhuis, Shannon		2016	Mt Pleasant Christian School	Faith Christian Outreach Center
Wiegand, Ted	Director, Treasurer	2014	Self-Employed, CPA	Harmony Bible Church

Our Programs

Food Pantry serves individuals/families who are residents of Henry County, Iowa. Our food pantry is available once a week to those in need. Our food pantry program cannot sustain food needs but instead is meant to help supplement normal grocery purchases as to “offer a little help along the way.” The Pantry Plus program encourages clients to find sustainable solutions to persistent problems of poverty and food insecurity by providing information about nutrition and budgeting through informational DVDs, readings, and classes.

The Fellowship Cup Food Pantry is available on Thursday's from 10:00AM-4:00PM and Monday evenings from 5:30-7:30 pm.

10,508 Households served in 2013

24,667 Individuals served in 2013

\$23,354.65 Food pantry expenses

\$18,696.34 Designated food pantry income

2013 Annual Report

Community Gardens expanded to New London in 2013, while continuing in Mt. Pleasant with plots at 211 Jackson Street, Mt. Pleasant Community Middle School, and the First United Methodist Church. The New London garden saw lots of help from New London Presbyterian women and Master Gardener Chuck Albright provided much assistance in Mt. Pleasant. Each garden produced throughout the summer, even in spite of the drought, and provided food for garden participants as well as for the Thursday food pantry.

24 Plots adopted by clients or community members

12 Plots adopted by civic groups

Expenses: \$1,862.20

Community Room is the large space available for individuals to rent for celebrations and gatherings. Community Meals are sponsored by area churches on Wednesdays.

2013 Community Room Statistics: 208 times rented throughout the year

FISH (Friends in Service Here) provides help to individuals who do not reside in Henry County. Helping in Henry County provides help to those who live in Henry County.

2013 Income: \$6026

2013 Expenses: \$13,387.21 (FISH and Helping in Henry County)

Friendship House consists of two bedrooms that provide sleeping accommodations for individuals visiting friends or family at the Mt. Pleasant Prison or Mental Health Institution.

2013 Friendship House Statistics: 126 nights used

2013 Annual Report

School Backpacks Going back to school with the right supplies helps students start the year off right. In 2013, we distributed backpacks to individual K-12 students and prepared backpacks for schools have on hand in case of move-in students or mid-year needs.

2013 School Backpack Statistics

221 Number of school backpacks distributed directly to students

100 backpacks distributed to schools

\$4,108.73 Designated income

\$2,473.73 Expenses

Summer Sacks are distributed throughout Henry County to children who would typically receive free or reduced lunches during the school year. Sites for distribution include: The Fellowship Cup, Green Valley, Chesapeake Apartments, Salem, and New London. In 2013, New London took on the responsibility for preparing and distributing their own lunches with the help of summer intern Kristina Roth. Salem supports the program by providing volunteers for lunch distribution. The Wayland area did not participate in 2013 due to a lack of participants.

The Fellowship Cup reading program expanded moderately in 2013 with regular attendance in Mt. Pleasant ranging from 4 to 9 students and approximately the same numbers in New London. The weekly program tied reading skills to information about nutrition as well as fun summer crafts. Due to enthusiastic students, volunteers also began occasionally reading at Green Valley during lunch distribution. Outstanding volunteer support made these programs possible. The Club M program, a new partner for Summer Sacks this year, offered an opportunity for students to play games and do crafts while learning critical leadership and self-esteem skills.

2013 Summer Sacks Statistics

7,743 Number of Summer Sacks

292 Children participating

\$4,108.73 Expenses

\$103.25 Summer Sacks Designated Income

550 Volunteer hours with 130 volunteers



2013 Annual Report

Quarter Maybe More Store is located at 112 North Jefferson Street. The income from the Quarter Maybe More Store helps sustain the ministry of The Fellowship Cup. The Fellowship Cup's main purpose is the food pantry, which has served record numbers in 2013.

\$1,896.11 QMMS Donations Received
\$223,691.52 QMMS Income



RSVP (Retired Senior Volunteer Program)

The Fellowship Cup became the new home of RSVP in July 2013 with Carol Dustman taking the reins as RSVP Coordinator. This program seeks to involve those ages 55 and older in community volunteer efforts including medical transportation, tutoring in the schools, and projects at The Fellowship Cup.

85 RSVP volunteers enrolled since July 2013

Special Projects

After being alerted to the need for funding to allow Van Allen's youngest students to participate in the afternoon milk program, The Fellowship Cup donated \$750 to purchase milk for 15 students throughout the school year. The afternoon milk program is not supported by outside agencies and requires families to purchase milk for their students.

2013 Annual Report

Help us be even better in 2014

- Give financially! The condition of our economics indicates additional families will need assistance in 2014. Help your neighbors in need. The Fellowship Cup is able to stretch your dollars by purchasing food at the Food Bank, Wal-Mart's "Feeding America", and HyVee's great deals.
- Give of your time. VOLUNTEER. With each volunteer, The Fellowship Cup and Quarter Maybe More Store are able keep payroll costs low. Lower payroll costs allow more money to help the community.
 - Monday Family Volunteer Night 6:30-8:00 pm at Fellowship Cup
 - Be the Friendship House Ambassador by keeping the rooms clean and atmosphere inviting.
 - Coach a client towards financial peace.
 - Deliver Thursday Food boxes to those who have mobility challenges.
 - Hang clothes at the Quarter Maybe More Store.
 - Travel around town with our driver to deliver and pick up donations.
 - Provide office support by answering phones so the director can handle the day's issues. Sign up for the same three hour time block each week.
 - Engage in fellowship as your small group, Sunday School class, club, family, or gathering serves after hours to help with the needs of the day.
 - Create a ministry to help meet the unmet needs of Henry County
 - Volunteer during Old Threshers as a gate worker, counter, office support, or runner.
- Give your things. The Quarter Store is always looking for new donations to help sustain the ministry of the Fellowship Cup. The QMMS accepts furniture, household items, clothes, tools, dishes, toys, and, well just about anything clean.
- Give in celebration of your life. Consider making the Fellowship Cup part of your will to leave a lasting legacy of your passion to help those in need.

Holiday Blessings

A huge THANK YOU to all the blessings donated during the holiday season. Approximately **250** Henry County households received Christmas Food Boxes at the Fellowship Cup. 3 families signed up for Christmas Boxes, but didn't pick them up. With the community's generosity, blankets and hats/mittens were also distributed. Working with Community Action and Mt Pleasant Police, the Fellowship Cup supplied Christmas gifts to **90** families.

2013 Annual Report

Congregations

Bible Missionary Church
Calvary Baptist Church
Congregational Church
Cum Deo Class
Finley Chapel UMC
First Assembly of God
First Baptist Church
Gleaners Fellowship Class
Green Mound Church of God
Lincoln Street Baptist
New London Presbyterian
New London UMC
Olds United Church of Christ
Open Bible Church
Pilgrim Nazarene Church
Pleasant Point Church
Rome Baptist Church
Salem Congregational Church
Saint Alphonsus Church
Stockport Methodist Church
Michaels Episcopal church
Sugar Creek Mennonite Church
Swedesburg Lutheran Church
Trenton Missionary Church
United Church of Crawfordsville
Wellspring Evangelical Church
Wesley Chapel UMC

Congregations over \$1,000


Community of Christ Church
Faith Christian Outreach Center
Faith Lutheran Church
First Presbyterian Church
First United Methodist Church
Pleasant View Mennonite Church

Grants

Alliant Energy Foundation
Enhance Henry County Foundation
Farm Credit Services of America
Henry County Board of Supervisors
Matthew 25 of the UMC
Pennebaker Foundation
Thrivent Financial for Lutheran Church
United Way
Walmart Foundation-- multiple

Corporations and Clubs


Abate of Iowa District #14
Barker Specialty Products
BD/Bearing Distributing
Blockbusters
Bridge Club
Burlington Area Soccer Club
Casey's
Cottage Realty
Curves
Delta Kappa Gamma
Farm Credit Services of America
Farmers and Hunters Feed the Hungry
Farmers Merchants Bank
Gleeson Construction
Heatilator
H2O
Henry County Health Center
Henry County VFW Auxiliary Post 2561
Henry County Farm Bureau
HyVee Drugstore
HyVee Grocery Store
Iowa Tops 212
Jim Cordes Motors
KILJ
Lunch Bunch
Lomont Molding Inc.
LT Club of Mt. Union
Midwest Old Threshers Association
Mt. Pleasant Business & Professional Women
Mt. Pleasant Correctional Facility
Mt. Pleasant Moose Lodge
Mt. Pleasant Super Wash
Mt. Pleasant Women's Golf Club
Nature Center Study Group
Oakland Mills Church
Pizza Ranch
Polar Express
Sunshine Community Preschool
Sunshine Girls of Mt. Hamill
Tauke Transfer
TTT
Two Rivers Bank
US Bank
WACO Women's Club
Wayland State Bank
Walmart Distribution
Walmart Superstore
Walmart Transportation
West Liberty Foods
Wiley's
Wiley's Home Interiors



Thank you to
everyone who
supports the ministry
of the Fellowship Cup.

We applaud the
individual donors,
who have committed
to providing
financially to help
those in need in
Henry County.

Individuals are the
largest category of
donors.



2013 Annual Report

<http://www.thefellowshipcup.org/>

2013 Volunteer Hours

15,997.3

THANK YOU!!

The Fellowship Cup
"Offering a little help along the way"



The Fellowship Cup
203 N Jefferson St
Mt Pleasant, IA 52641
(319) 385-3242
volunteer@thefellowshipcup.org

Quarter Maybe More Store
112 N Jefferson St
Mt Pleasant, IA 52641
(319) 385-3262

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MT. PLEASANT, IA
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